

Stringed Heart

1. Use the paints in your basic kit to paint your heart
2. Thread your needle, with about 1 metre of thread from the skein of thread.
3. Put a knot in the end of your thread
4. Start at the point of the heart and go down to the bottom, stitch through the card front to back, move along about 1cm and come back from back to front. Move up to 1cm away from the point and go back down through card. Moving 1 cm at a time go up and down front to back and back to front clockwise until you have moved all the way round the heart as per the front picture

The last stitch is to go into the same hole as you started front to back and then finish off with a knot at the back

Use another piece of thread through the hole made in the cardboard to hang up your heart